



# ALPINE TOUR BRÜNIGHAAPT

Melchsee-Frutt – Blausee – Abgschütz – Chli Haupt „Muiggächopf“ – Brünighaupt

 5.80 km

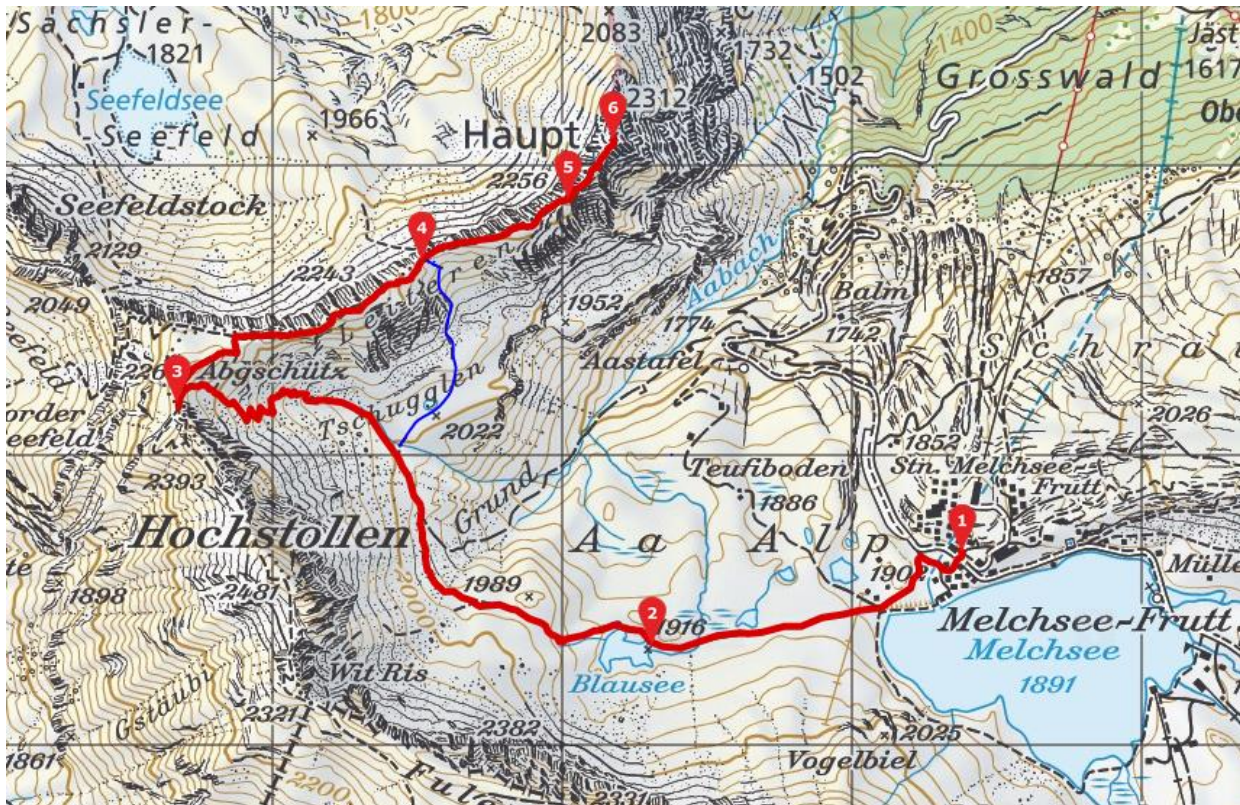
 2h 35 min

 637

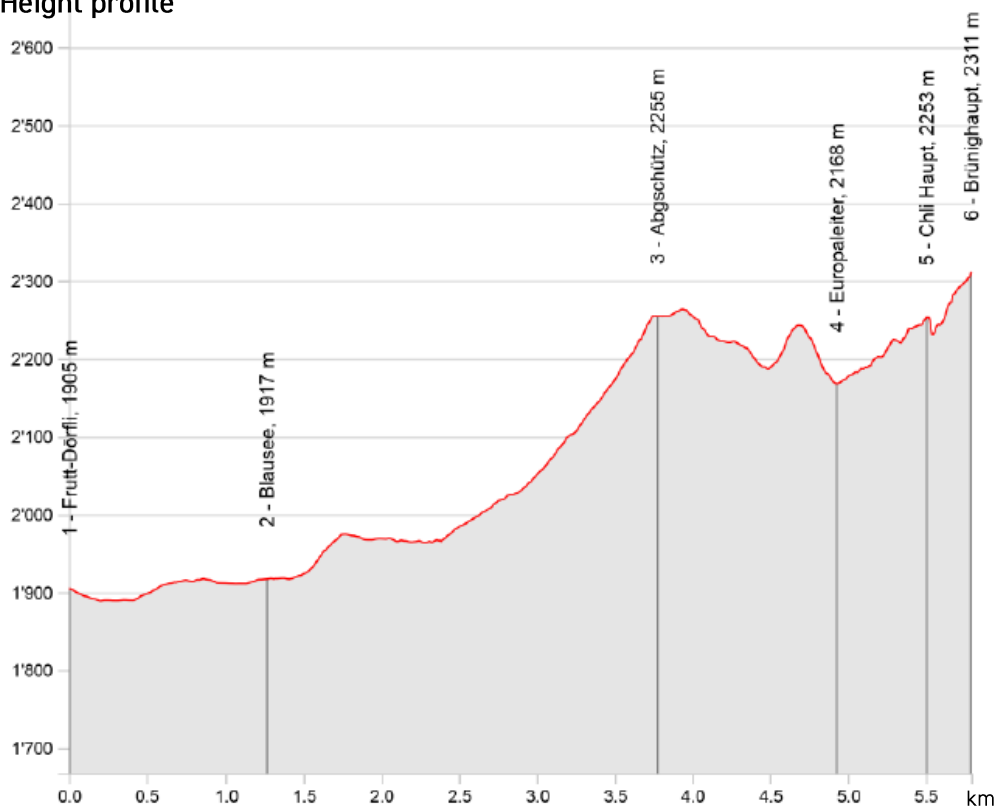
 231

T3/T4/T5

Map section



Height profile



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## Route description

The Haupt, known locally as Brünighaupt, forms the cornerstone of the western rocky chain above the Melchsee-Frutt high plateau and attracts everyone's attention from Stöckalp onwards.

Take a leisurely hike from Frutt-Dörfli along Lake Blausee uphill to Abgeschütz. From here, the trail leads you to the right past the imposing Europaleiter to the Chli Haupt "Muiggächopf" (marmot head). This is where things really get going... surefootedness is essential here at the latest. The "Muiggächopf" is bypassed to the right (south-east). Cross a rock slab to reach a grassy flank and continue downhill via a rock couloir to the next large rock slab. Follow the markings to the meadow, which rises steeply to the ridge. From here it is not far to the summit cross. Once you reach the top of the Brünighaupt, let your gaze wander over our fantastic Melchsee-Frutt high plateau and enjoy the panoramic view of the Alps of Central Switzerland and the Bernese Alps as well as the Älggialp, the centre of Switzerland.

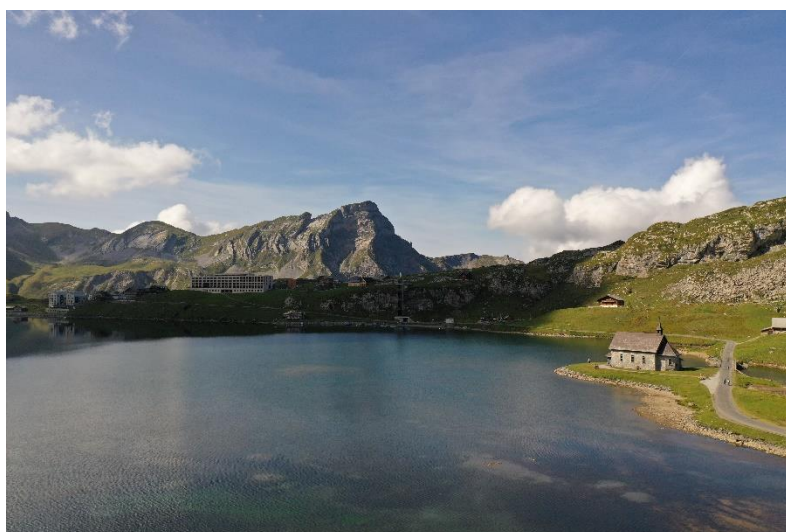
The SAC Alpine hiking scale for this route is between T3 and T5; the tricky sections are secured with fixed ropes and abseils but require absolute surefootedness and a head for heights.

**Variant** Direct ascent towards Europaleiter, follow the signpost above Grund (marked blue on the map).

**Hiking map** Nr. 411 Höhenwanderung 1 : 25'000

**Tip** Hire a mountain guide from the region in advance and treat yourself to a unique experience. Under professional guidance, you can tackle the descent via the the Europaleiter in the direction of Älggialp.

**Contact** Sportbahnen Melchsee-Frutt, melchsee-frutt.ch, 041 669 70 60



The Brünighaupt towering over Lake Melchsee.