




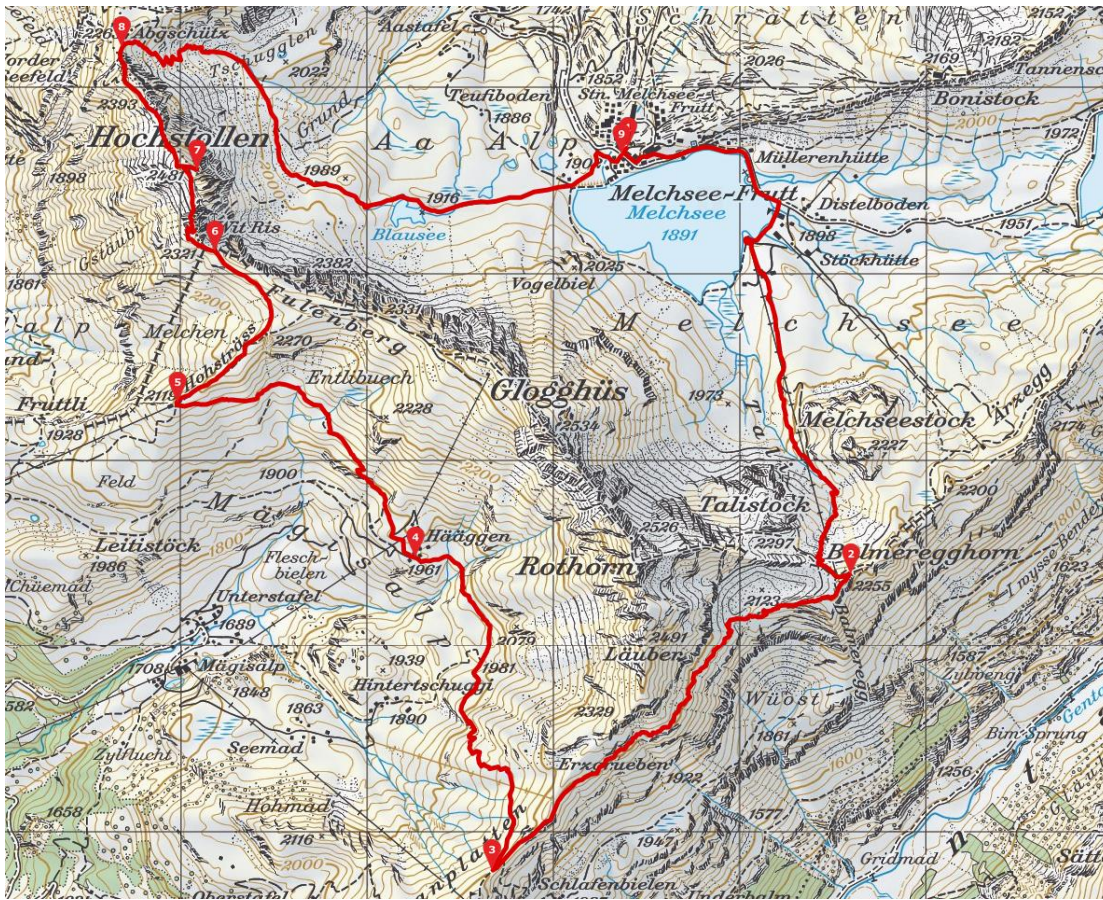


# HOCHSTOLLEN ROUNDTRIP

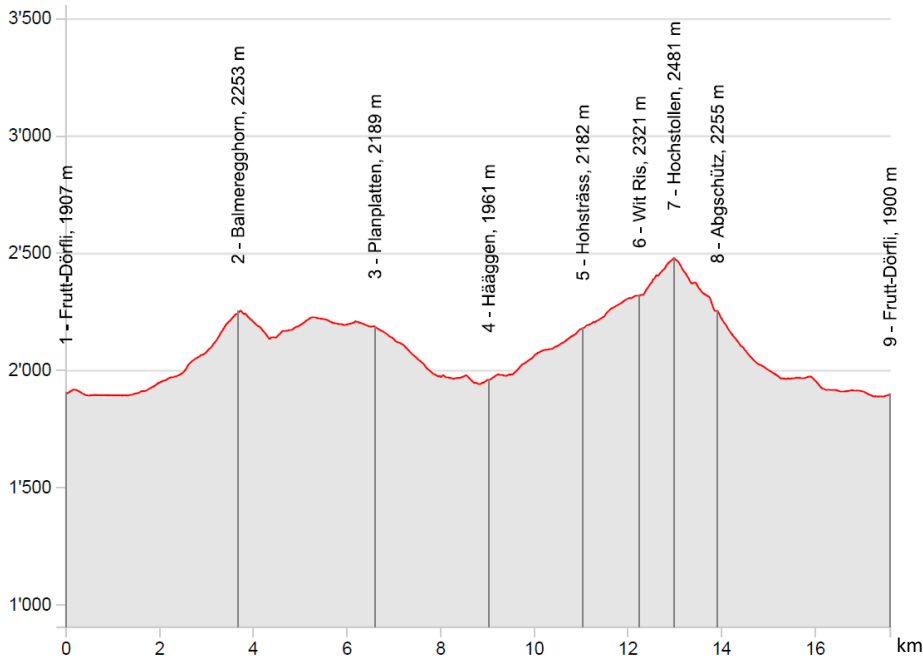
Melchsee-Frutt – Balmeregghorn – Planplatten – Häggen – Hochstollen – Absgeschütz – Melchsee-Frutt

 17.50 km    
  6h 15 min    
  1'125    
  1'125    
 

## Map section



## Height profile



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Melchsee-Frutt – Balmeregghorn – Planplatten – Hääggen – Hochstollen – Abgschütz – Melchsee-Frutt

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## Route description

With good stamina, endurance and mountain fitness, the Hochstollen round tour is a unique mountain experience. For the most part, the hike follows a very good mountain path, although some sections require a little more strength.

From Frutt-Dörfli, you hike along Lake Melchsee to the valley station of the Balmeregg ski lift. From here it's uphill to the Balmeregghorn. Enjoy the marvellous panoramic view and, with a bit of luck, you might spot marmots, chamois or ibex. From the Balmeregghorn, the trail runs almost horizontally via Planplatte - Hääggen to Hohsträss. Now it's uphill to the Wit-Ris cut and onwards up the steep mountain path to the Hochstollen. A breathtaking view will reward you for every bead of sweat on your forehead.

As Jean Jaques Rousseau once said: "On high mountains, where the air is pure, one breathes more easily and feels physically and mentally freer!"

You tackle the descent via the Abgschütz to the Lake Blausee and hike comfortably back to the Frutt-Dörfli.

- Variant**                      Frutt train to Lake Tannensee stop and ascent via Erzegg
- Hiking map**                Nr. 411 Höhenwanderung 1 : 25'000
- Tip**                             In the opposite direction, an unforgettable sunrise awaits you on the Hochstollen.
- Contact**                     Sportbahnen Melchsee-Frutt, melchsee-frutt.ch, 041 669 70 60



Hochstollen with a great view of Melchsee-Frutt